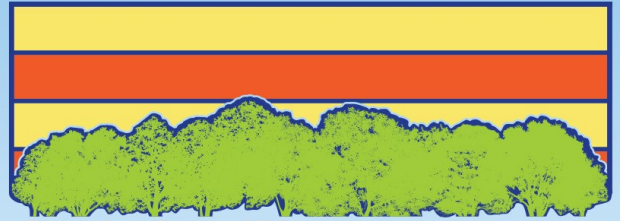


Growing Great Kids 2023 • 10 Years
ADVENTURE RACE



August 19, 2023 - Start Time: 9:00 am

Kimmel Orchard & Vineyard
5995 G Road, Nebraska City, NE

Register Online at:
give.chihealth.com/AdventureRace

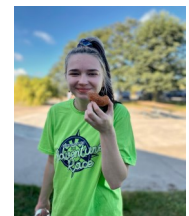
Approx. 1.5-mile course with obstacles



A **fundraiser** for Growing Great Kids in Southeast Nebraska (GGK). A home visitation program for expecting and new parents which is administered by *Southeast District Health Department in partnership with CHI Health St. Mary's.*



For Questions &/or Sponsorship Information, call at 402-873-8920



Event Contributing Partners:



Growing Great Kids 2023 - 10 Years ADVENTURE RACE



Registration: (Please Print - All Fields Required)

August 19, 2023 - Start Time: 9:00 am

Kimmel Orchard & Vineyard, 5995 G Road, Nebraska City, NE

Participant #1: _____ Age: _____ Male / Female

Address: _____ Phone: _____

City/State/Zip: _____ Email: _____
for photo & race announcements

Additional participants:

#2: _____

Age: ____ M / F

#3: _____

Age: ____ M / F

#4: _____

Age: ____ M / F

#5: _____

Age: ____ M / F

#6: _____

Age: ____ M / F

#7: _____

Age: ____ M / F

\$10 / Youth & Students, NO SHIRT

\$

of participants _____ x \$10 / person =

\$15 / Adult, NO SHIRT

\$

of participants _____ x \$15 / person =

Select t-shirt size and quantity t-shirt not guaranteed after Aug. 5th

ADD \$15 for each shirt

\$

Shirts: _____ x \$15 / shirt =

Adult S	Adult M	Adult L	Adult XL	Adult 2XL	Adult 3XL
Youth S (5/6)	Youth M (8)	Youth L (10/12)			

Participant Consent, Waiver and Release

- In consideration of my participation in this Growing Great Kids in Southeast Nebraska Adventure Run (“Event”) and accepting this entry, I hereby for myself, my heirs, executors and administrators, waive and release all rights and claims for damages I may have against Growing Great Kids in Southeast Nebraska, CHI Health St. Mary’s, Kimmel Orchard & Vineyard, organizers of this Event or their agents, representatives, successors, volunteers, or the Event sponsors for any and all injuries and illnesses or losses I may sustain during the course of the Event, or which may arise out of my traveling to, participating in, and returning from this Event.
- I understand that participating in this Event involves obstacles, including but not limited to, mud pits, a four and six-foot walls, water slide, steep hills and uneven terrain.
- I understand the Event course may contain wild animals, insects and plants.
- I am in good health and have no physical conditions that affect my ability to compete in the Event and have not been advised otherwise by a medical practitioner.
- I agree not to dive into or enter the water, mud pit or water slide head first, as doing so may cause serious injury.
- I agree not to consume alcohol prior to the Event or use any medicines or substances that will inhibit my mental or physical ability to safely and effectively participate in the Event.
- I give permission and consent to use my image in photographs, motion pictures, recordings, or any other record of the Event for any legitimate purposes, including but not limited to, Event advertising, marketing or promotion.

Participant signature required (or parent/guardian if 18 & under)

Date

Mail Registration & Payment to: CHI Health St. Mary’s Foundation, 1301 Grundman Blvd., Nebraska City, NE 68410

Make Checks Payable to: CHI Health St. Mary’s Foundation